HI I'M GRETA THE GREAT EGRET! WELCOME TO THE ELK RIVER WILDLIFE SANCTUARY AND THE HIKSHARI' TRAIL QUEST!

# QUEST INFORMATION:

Start: At Pound Road Park & Ride lot, offHerrick Avenue and Highway 101.Contact: Adorni Recreation Center, (707) 441-4248

Quest Trail Name: Hikshari' Trail Total Length: 1.5 miles Roundtrip Difficulty: Easy. Flat, paved trail.

## **Driving Directions:**

Take Pound Road Park and Ride exit off Herrick Avenue and Highway 101 in south Eureka. Look for 'Eureka Waterfront Trail' signs. Park in the lot and head toward the Elk River Access Area sign.



HOW TO QUEST: ~

the trail.

You are holding a treasure map! Follow the movement clues *(italicized)* between

the stops (numbered) and get fit as you

discover the wonders of nature along

At your final destination you will find

your Quest Clue. This is the "key" to

your prize (see the "Now that you've

finished your Quest" section for your

next step)! Have fun, be safe, and stay

#### NOW THAT YOU'VE FINISHED YOUR QUEST;

Take your clue and head north on Hwy 101 to the City of Eureka's Adorni Recreation Center, 1011 Waterfront Drive, Eureka (Hours: Mon-Fri 6am-9pm, Sat 9am-9pm, Sun 9am-4pm). For more information go to http://ci.eureka. ca.gov/depts/recreation/adorni\_center.asp

Or, you can register your clue on the Redwood EdVentures website (below) and we will mail your prize to you.

## WHERE WILL YOUR NEXT QUEST TAKE YOU?

The journey you've just completed is one of many Redwood EdVentures Quests. Find Quest locations and download free copies at www.redwood-edventures.org. Teachers, students, and families can also explore hundreds of outdoor places and educational opportunities on the beautiful Redwood Coast. Find out why **nature is closer than you think**!







Developed in collaboration with RCAA's Natural Resources Services along with Eureka High School EAST Lab and HSU Interpretation students through a CA Coastal Conservancy "Explore the Coast" grant.

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Begin this Quest at the Pound Road Park & Ride sign in the parking lot. Follow the sidewalk, using the crosswalk to cross (watch for trucks). Stop 1 is ahead on your left, across from the roofed kiosk. Look for a sign entitled "What it Takes to Survive in a Salt Marsh." Enjoy your visit to the Elk River Wildlife Sanctuary!

 You are standing on the edge of a salt marsh. This salty environment can be quite harsh. Tucked away at the water's edge is pickleweed, This plant helps the harvest mouse feed. Read the panel to learn more about marsh plants, And how they're adapted to survive in this salty dance.

Head back to the trail, and turn left towards the bay until you are standing on the railroad tracks.



Imagine it's the early 1900s with trains rumbling through

 carrying redwood lumber down to San Francisco.
 Passenger trains also passed this river mouth,
 Connecting Humboldt Bay with the coastline south.

From the railroad tracks, cross the bridge, follow the trail past the sign entitled "Folds and Thrusts" and stop at the next sign entitled "Come Sand or Salt Spray."

The Wool Carder bee is a busy fiber forager. Its spotty yellow markings leaving a solid black corridor. To build its nest it gathers hairs from buckwheat leaves. The Wool Carder is just one of the dune's many solitary bees.

Enjoy the scenery of this coastal trail as you follow along the Elk River. Look for a tan memorial bench and have a seat for the next clue.



4 This waterway is sacred to the people of the Wiyot tribe. To the coastal resources found here they are culturally tied. Fish are traditionally caught with spears, nets and traps. From local plants they weave ceremonial caps.

Head back onto the trail, turn left. Your next stop is a sign on your right entitled "Coastal Willow Patches."

You have entered a willow patch - open an ear!
 Both resident and migrant birds are found here.
 Warblers, kinglets and chickadees,
 They all have their songs carried on the breeze.

Now take a look down around your feet. Can you find clues of nearby alder trees? The long flower spike is called a 'catkin' And the woody seedcones are where new alders begin.

Continue on the trail until you reach an open meadow. Take a left at the Melvin 'Cappy' McKinney loop trail then follow the rocky trail until you reach a small wooden bench on your left.

Can you tell if the tide is low or high?
 If low, look for mudflats and shorebirds feeding nearby.
 Plants and animals thrive in this sanctuary,
 And by foot, bike or boat, we can explore and play!

Continue along the gravel trail until you arrive at a roofed kiosk.

EXPLORE AN ESTUARY TREASURE WITHIN THE ELK RIVER WILDLIFE SANCTUARY!



Artwork by Gary Bloomfield



'Cappy' McKinney was a true steward of this place, He was dedicated to seeing it protected and safe. It's a wildlife sanctuary that shows what it's made of. So, what will YOU do to protect the places you love?

## As you turn around to head back the way you came, find the answer to this question somewhere on the kiosk

What is the Wiyot name for Humboldt Bay?

WRITE YOUR QUEST CLUE HERE: